

# Rochester Gastroenterology Associates, LLP

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## INSTRUCTIONS FOR GASTROSCOPY WITH BRAVO pH

Name \_\_\_\_\_ Procedure \_\_\_\_\_

**YOU HAVE BEEN SCHEDULED FOR THE ABOVE EXAMINATION BY Dr. \_\_\_\_\_**

**PLEASE REPORT TO:**

### **Rochester Endoscopy Center**

20 Hagen Drive, Suite 330

Rochester, NY 14625

Tel: (585)267-4040

### **Unity Hospital**

1555 Long Pond Road

Rochester, NY 14626

Tel: (585)723-7119

### **REPORT AND REGISTRATION TIME:**

### **DATE/DAY:**

A Small capsule, about the size of a gel cap, is temporarily attached to the wall of the esophagus during an upper endoscopy. The Capsule will detach on its own in 7-10 days and will be passed through the digestive tract. The capsule measures pH levels in the esophagus and transmits readings by radio telecommunications to a receiver (about the size of a cell phone) worn on your belt or waistband. The receiver has several buttons on it that you will press to record your symptoms of GERD, eating, and sleeping. This will be explained by the nurse. The purpose of this procedure is to monitor the frequency and duration of reflux during a normal day. It is important that you eat, drink, work and exercise as you normally would. Eat foods that tend to bring the symptoms on. **DO NOT** take any antacid drugs such as: Omeprazole, Maalox, Tums, Zantac, Prilosec, Nexium, Protonix, Dexilant etc. during this study unless directed by your doctor. You may have a scratchy throat for a short time. **YOU CAN NOT HAVE AN MRI FOR 30 DAYS AFTER THIS STUDY.** The receiver must be close by you at all times. If the receiver is too far away, a beep will be heard for 30 seconds. Move the receiver closer to your chest until the beeping stops. **THE RECEIVER NEEDS TO BE RETURNED IN 48 HRS**

You will be receiving sedation, therefore transportation arrangements must be made for someone to pick you up and accompany you home. **DUE TO THIS BEING A NEW YORK STATE LAW. NO EXCEPTIONS CAN BE MADE!**

You must arrange for a neighbor, friend, or family member to stay with you after your arrival home since sedation effects can last well into the evening.

If you are unable to keep your scheduled appointment, cancellation is appreciated **48 hours** in advance by calling **(585)267-4040** or **(585)227-1080** between **8:30 a.m.** and **4:30 p.m.** If you fail to notify us you may be charged. Please call these numbers if you have any further questions.

If you are taking *any* kind of blood-thinning medications, such as **COUMADIN, PLAVIX, or XARELTO**, please inform our office at (585)267-4040 or (585)227-1080 **IMMEDIATELY**. *These medications MAY need to be stopped AS DIRECTED BY YOUR MEDICAL PROVIDER.*

**1.** There is **NOTHING** to eat or drink after midnight the night before your procedure. If your procedure is *after 12:00pm* or later clear liquids may be consumed up to 4 hours before your scheduled procedure.

**2.** All medications can be taken on the day of the procedure with a minimal amount of water early in the a.m. Please check with us prior to taking any **INSULIN** or any other diabetic medication on the morning of the examination.

*Thank you for the opportunity to accommodate your healthcare needs.*